

**Year 9 Physical Education**

**UNIT GOALS**

The specific goals of this unit are for students to:

- Perform body movement sequences with consistency and control
- Uses a variety of equipment in group game activities showing an understanding of communication, cooperation and rules
- Takes part in activities that contribute to the development of different aspects of fitness
- Devise, adapt and use a range of strategies in games
- Demonstrate confidence in team and individual sports
- Takes part in activities that contribute to the development of different aspects of fitness

**UNIT OVERVIEW**

- Students will be given chance to develop a range of Badminton skills (Term 1) and Touch Football skills (Term 2) and develop an understanding of the rules of these games.
- Students will undergo a series of fitness tests early in Term 1

**ASSESSMENT DETAILS**

	Assessment Task	Week Due	Weighting (%)
<b>Term 1</b>			
AT1	Fitness Test evaluation	Week 4	5
AT2	Badminton peer assessment	Week 6	5
AT3	Badminton Performance checklist	Week 7	40
<b>Term 2</b>			
AT3	Touch Football peer assessment	Week 6	5
AT4	Touch Football Performance checklist	Week 7	45
AT5			

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